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October Workshops



trellus
Opportunities for life

LOCATED AT: 2424 W Peterson Ave, Chicago, IL 60659

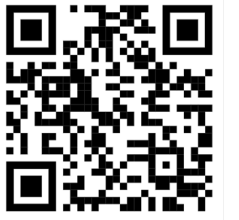
2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Learn About Preventative Health Screenings 12pm-1pm 	3	4	5
6	7 Parental Wellness 12pm-1pm 	8	9	10 WELCOMECORPS Refugee Sponsorship Info Session 4pm-5pm	11	12
13	14  Indigenous Peoples' Day Office Closed	15 Illinois Tenant Housing Rights 2pm-3pm 	16 Career Expanding Workshop 12pm-1pm 	17 Adjusting to the American Workplace 4pm-5pm	18	19
20	21 Emotional Wellbeing for Women 12pm-1pm 	22	23 Job Application Day 12pm-4pm 	24 WELCOMECORPS Refugee Sponsorship Info Session 4pm-5pm	25	26
27	28  Advocating for Yourself at the Doctor's 12pm-1pm	29	30	31 HAPPY Halloween 		

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Adjusting to the American Workplace

- A conversation about American workplace culture, professional etiquette, employment rights and responsibilities, and securing a job.

Advocating for Yourself at the Doctor's

- A discussion to around being an empowered patient at the doctor's office.

Conversation around Bullying in Schools

- A discussion about bullying in schools and how to best support your children.

Emotional Wellness for Women

- A discussion about emotional wellbeing and healthy relationships.

IL Tenant Housing Rights

- Learn about fair housing laws, housing discrimination, leases, tenant protections. landlord access to rental property and more.

Job Application Day

- Connect with employers in various industries. Bring copies of your resume.

Parental Wellness

- A discussion on the stress of being parents, taking care of yourself, and emotional coregulation. Come engage with other parents!

Preventative Health Exams

- Learn about the suggested preventative health exams that help detect health issues early and prevent illnesses.

Welcome Corps Refugee Private Sponsorship Info Session

- Refugee sponsorship is the ultimate act of welcome, and anyone can do it. Come learn more about this opportunity!