






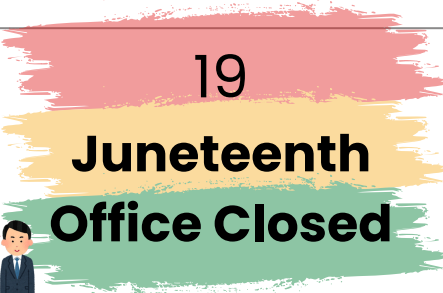


trellus

Opportunities for life

June Workshops

2025

LOCATED AT: 2424 W Peterson Ave, Chicago, IL 60659

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11 Parental Stress & Wellness 12pm-1pm 	12	13	14
15	16 Emotional Wellness for Women 12pm-1pm 	17	18 Career Expanding Workshop 12pm-1pm 	19  Juneteenth Office Closed	20	21
22	23	24	25 Job Application Day 12pm-4pm 	26 Adjusting to the American Workplace 4pm-5pm 	27	28
29	30					



June Workshops

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Adjusting to the American Workplace

- A conversation about American workplace culture, professional etiquette, employment rights and responsibilities, and securing a job.

Career Expanding Workshop

- Get help with resumes and mock interviews. Geared towards youth.

Emotional Wellness for Women

- A discussion about emotional wellbeing and healthy relationships.

Job Application Day

- Connect with employers in various industries. Bring copies of your resume.

Parental Stress and Wellbeing

- A discussion on the stress of being parents, taking care of yourself, and emotional coregulation. Come engage with other parents!