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a \$50 Amazon Gift Card

April Workshops

LOCATED AT: 2424 W Peterson Ave, Chicago, IL 60659



2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Learn more at mytrellus.org		1	2	3	4	5
6	7 Parental Stress & Wellbeing 12pm-1pm 	8	9	10	11	12
13	14	15	16 Career Expanding Workshop 12pm-1pm 	17 Adjusting to the American Workplace 4pm-5pm 	18	19
20	21	22	23 Job Application Day 12pm-4pm 	24	25	26
27	28 Advocating for Yourself at the Doctor's Office 12pm-1pm 	29	30			

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Adjusting to the American Workplace

- A conversation about American workplace culture, professional etiquette, employment rights and responsibilities, and securing a job.

Advocating for Yourself at the Doctor's

- A discussion to around being an empowered patient at the doctor's office.

Career Expanding Workshop

- Get help with resumes and mock interviews. Geared towards youth.

Job Application Day

- Connect with employers in various industries. Bring copies of your resume.

Parental Stress and Wellbeing

- A discussion on the stress of being parents, taking care of yourself, and emotional coregulation. Come engage with other parents!