









May Workshops

2025

LOCATED AT: 2424 W Peterson Ave, Chicago, IL 60659

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
	12 Advocating for Yourself at the Doctor's 12pm-1pm 	13	14 Women's Deep Stretch Group 12pm-1pm 	15	16	17
	18	19	20	21 What's a Union? 2pm-3pm 	22 Adjusting to the American Workplace 4pm-5pm 	23
25	26 Office Closed Memorial Day 	27	28 Job Application Day 12pm-4pm 	29 Workplace Safety 4pm-5pm 	30	31

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Adjusting to the American Workplace

- A conversation about American workplace culture, professional etiquette, employment rights and responsibilities, and securing a job.

Advocating for Yourself at the Doctor's

- A discussion to around being an empowered patient at the doctor's office.

Job Application Day

- Connect with employers in various industries. Bring copies of your resume.

What's a Union?

- A discussion about what is a union and how it fits into the workplace.

Women's Deep Stretch Group

- Come celebrate National Women's Health week by taking an hour to relax and engage with our bodies.

Workplace Safety

- Come talk about workplace safety.

Celebrate

NATIONAL WOMEN'S HEALTH WEEK



**MONDAY, MAY 12TH:
ADVOCATING FOR YOURSELF AT
THE DOCTOR'S**

**WEDNESDAY, MAY 14TH:
WOMEN'S DEEP STRETCH GROUP**

2424 W Peterson Ave,
Chicago, IL 60659

12pm-1pm